

The Palmetto F A M I L Y



SCAMFT Is Moving Forward For You!

Barbara J. McIntyre, MA, LMFT, LPC, President SCAMFT

Happy New Year everyone! Hope your Holidays brought peace and joy! It's time for my "State of the Association" update address.

We have been a busy board in the past year, first establishing new goals at the retreat and then pursuing them with great enthusiasm. We chose to continue to bring you great educational opportunities and to do so within our budget. We are proud to say we did so with 2 excellent conferences (per attendee evaluations AND my personal opinion). Thank you Dorothy Becvar for the spring conference in Charleston and Mary Jo Barrett for this past fall's conference in Greenville.

Our education committee also chose to update our web site and it should have had its debut by the time you receive this newsletter. Much more information and connection will be available to all our members with this "new" web instrument. Our thanks go to Joe Holt for this incredible task.

Our legislative committee has taken on the task of achieving parity in our state and federal laws for licensing, practice, testing for licensure, and third party payment. If anyone wants to work on these issues or just give your input, Todd Hanson would love to hear from you. The wheels are turning slowly (we are talking about government) and you will be kept informed as each spoke moves the tiniest bit.

Membership is looking at ways to expand our numbers and, thus, to keep our dues down. Some of their ideas will be implemented in the coming year. We would love any members who know of an MFT who is not a member to invite them to one of our conferences, to view our web site, or just to go to lunch with you and a few other MFT members and network a little. Once they see how much we have to offer they'll want to be part of us. Remember, it is the members that build any organization. We did see a bumper crop of students at the last conference and hope to continue including them in future events.

We took several board members to AAMFT's Leadership Conferences in Washington and Memphis this year. It was exciting for me to see their interest and pride spark as

they realized all the things being a Marriage and Family Therapist really means. There is so much more we can be doing for our profession and our communities. If anyone has an interest in serving on the board or being part of a committee of the board...well, you just have to tell us and you're there.

Hoping to see many of you at the June 5-7 conference when Matthew Selekman, MSW, LCSW will present 10 CPE hours of "Pathways To Change: Collaborative Strengths-Based Brief Family Therapy With Difficult Adolescents" and Joshua Gold, PhD, will present 5 CPE Hour AAMFT Supervision Course.



Left to right: Jan McMeekin, Lorilei Swanson, Dorothy Becvar and Sallie Campbell at the 2008 Spring Conference. Becvar's topic was "Families in Later Life: Issues, Challenges and Therapeutic Responses."



Left to right: Barbara McIntyre, Mary Jo Barrett, and Sallie Campbell at the 2008 Fall Conference. Barrett covered presented two workshops during this conference: "Compassion Fatigue: Chiseling Down Our Ethical Boundaries" and "Shadow Dancing: How to Heal Couples Wounded from Childhood."

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Gray Matters: Carl Rogers and Creative Energy Flow

By Jim Rentz, LSMFT, LMFT,
LSPC, LPC
SCAMFT Treasurer

My last article about energy flow had to do with the perils and roles of circumvention in human interaction. In this article I would like to address some resources I think can help us creatively harness and direct human energy within family systems.

In 1971 I was gathering research data for my master's thesis in pastoral counseling. I literally "cut my teeth" as a clinician on the insights of Carl Rogers, Eric Berne and Thomas Harris. I read back over my thesis recently and it is amazing that in my 38 years of practice since I wrote it just how much I have leaned upon what they had to say and how well their insights have served me. We in the field of psychotherapy have certainly learned quite a bit since then. Some of what we have learned has proved that these esteemed writers were more often than not on solid ground. We have also learned about some of the points of vulnerability in their approaches to psychotherapy. I have mostly built upon what they taught me long ago adding my own "twists" to their keen insights. In this article I would like to write a bit about what I have learned as I have gone about applying some of Rogers' insights to psychotherapy within family systems - especially around creative energy flow.

In my opinion "an ounce of wisdom is worth a pound of cure". It is certainly better in intimate relationships to relate well enough with one another so that energy is not prone to run wild and awry unless certain kinds of pathology exist or harmful outside influences invade the family system. I believe that Rogers' "Necessary and Sufficient Conditions of Therapeutic Personality Change" (Journal of Consulting Psychology, XXI (1957), pp. 95 -103) holds rich potential. These data may be old, but I think they pass the tests of time. What Rogers found about the value of accurate warm empathy and unconditional positive regard emanating from a congruent "other" such as a therapist, spouse, parent and the like has import for increasing the potential of energy created and flowing within and between human beings being creative and

productive rather than toxic and destructive.

When I first started out as a therapist I did not realize just how many options I had during each interchange between my clients and me as to just which feelings, thoughts or dynamics I would respond to and just how I could choose a pinpointed response to a particular poignant issue. For instance, I was taught and believed that clients would improve if I made a series of empathic responses to feelings produced by past trauma. Then I began to realize that thoughts were just as important to empathically track as feelings. As time passed I began to learn from experts studying trauma that I might best serve my clients if I tracked their defense mechanisms as they decided to repress, suppress, deny or innovatively handle certain memories and the feelings associated with them in ways that were ego syntonic. I had to pay close attention to the integrative/disintegrative components of their psyche. As I moved into family systems thought I realized that I needed to track the family process as it related to each individual and teach each family member to do the same. Scientific study is now providing us an array of therapeutic responses to that with which we empathize in therapy. These discoveries are exciting. Yet Rogers still looms in the background enhancing each discovery with which I have been presented.

I have found that many families get into trouble when they have not lived out

well enough the "necessary and sufficient conditions" Rogers came up with within their family system - especially their marriages and parent child relationships. I have found that families in therapy both hunger for and at the same time resist the living out of these "conditions". Far too many of them have fallen into the deadly trap of talking over one another like two politicians in a so called "debate" neither of whom is trying to offer one ounce of "accurate warm empathy" or "positive regard" to the other. Animosity increases as time goes by.

I believe that a tremendous amount of positive energy is released in the average human psyche around the development of the unique self of each person in a family. Families who tune into that energy, what it is all about and live out a modicum of accurate warm empathy and positive regard for the particular nuances of each unique family member have an inside track in creating and maintaining potential for the energy involved to have a creative effect in the long haul. Of course this is at times aggravated by the presence of influences such as a genetic backdrop in which given family members are "loaded" with counter productive components that undermine even the best of family circles. Yet, even with most pathology there is still deep down in most persons something with which a family can have positive regard - even if it boils down to remembering that even



the worst “lost soul” is a child of the Creator waylaid from realizing her or his creative potential.

As I alluded to above choosing exactly what to empathize with when is important for family members and therapists alike. For instance some people need for us to empathize with the fact that they cannot tolerate much empathy. So, with them, a little empathy directed in just the right place goes a long way. Others need megatons of empathy. Sensing who needs what when and how is important. Empathizing with the integrative component of the psyche can inform us as to when a client is “ready” for us to move in on a particularly threatening subject or when we need to back off and bide our time. It may also inform us that we had best stay away from it permanently. Listening to a similar component in a family system can inform us as to whether the timing is right for the family to address certain issues. At times it informs us that someone in the family is not safe to share a certain issue with. Empathy with the family may inform us of just which particular model is best to apply when and how by a particular clinician. In a parallel manner family members developing the sensitivity and skills to tune into one another in these ways is vital but often very challenging. Perhaps that is why novice therapists tend to gravitate toward working individually with clients rather than in a family setting. Teaching them and the families they treat to understand how effectively to utilize their presence and how their presence influences the creative or not so creative energy flow in and between them can make all the difference in the world as to whether energy builds up and goes awry or is channeled into creative and healing ways within the family system.

It is my belief that most mainline family therapy models are valid and wonderful approaches to working with families. However, I have not tried a model yet that I believe could not be enhanced by blending into the therapeutic backdrop Rogers’ “necessary and sufficient conditions for therapeutic personality change”. I have not met an individual, couple or family yet who could not have benefited from these conditions properly applied to their unique system. I believe that these conditions properly applied to unique persons and systems can increase the potential of energy flow being creative.

Meet Your MFT Colleague ... Ken Barwick, LMFT, M.Div

By Marie W. Carter, LMFT, LMFTS, SCAMFT Director



Ken Barwick has been the director of the Mt. Hebron Counseling Service located and sponsored by Mt. Hebron United Methodist Church in West Columbia since 1986 when the Counseling Service was established. In addition to the central office, there are two satellite offices located in United Methodist churches, one in Gilbert and another in Blythewood. The Center has four other professional counselors providing clinical services to a wide array of clients, children, and adults.

In 1972, Ken completed his undergraduate studies at the University of SC and began work with the Department of Social Services/Child Protection Services. In 1976, he attended Asbury Theological Seminary in Kentucky that had recently developed a dual competency program with the University of Kentucky College of Social Work. This enabled him to obtain a Masters in Social Work (MSW) and Theology (M.Div) concurrently. After graduation and ordination, he served as a pastor for several years while working toward licensure in 1985 as a Marriage and Family Therapist.

Ken describes many theoretical mentors, “Coming out of seminary, I was trained in the client-centered

approach of Carl Rogers but soon was intrigued with the Redecision Therapy model of Transaction Analysis developed by Robert and Mary Goulding and its emphasis on impasse resolution.”

In working with supervisor Leah Lake, LMFT in the 80’s, Ken co-led ongoing therapy groups and began to see the inherent potency of psychotherapy. In the early 90’s, he concentrated and trained in the Family Systems model of Murray Bowen.

“This focus has had a tremendous impact on me personally and professionally and is fundamental to my thinking and practice. Seeing families or individuals as parts of a natural system driven by emotional processes that can be seen as predictable patterns of reactivity and symptom development has been refreshing in this age of medicalization of mental health,” says Ken. “The Family System perspective is such a valuable alternative to cause and effect, linear thinking and opens up different ways of thinking and intervening with clients.”

Ken’s next goal is considering the possibility of becoming an approved supervisor in the next year in hopes his training and experience can be of help to the next generation of therapists.

Pictured above with Ken is his colleague Donna Jones, an independently employed LPC working out of Mt. Hebron Counseling Service in West Columbia, SC since February 2007. Donna has experience as a therapist at Lutheran Family Services, Charter Sands Psychiatric Institute, SC Vocational Rehabilitation Department, and Tri-County Mental Health Center.

Donna received her Master’s degree from The Citadel in 1994 in Community Counseling. Inspired by Alfred Adler, Carl Rogers, Milton Erikson, and Murray Bowen, she sees a wide variety of clients. She enjoys SCAMFT trainings and her next professional goal is getting the Board’s Diagnostics class requirement satisfied.

New Clinic Provides Family Therapy Services to the Boiling Springs Area

By Charlton Hall

AAMFT Student Member

In 1997, a Steering Committee of community-minded individuals from Spartanburg County and surrounding areas came together to create a place for families in need. Soon afterward, the Middle Tyger Community Center at 84 Groce Road in Lyman, South Carolina became a reality. Middle Tyger Community Center (MTCC) is a non-profit 501C-3 organization that brings together state and local agencies to support families in the Spartanburg County District Five Area and adjoining areas of the county.

Some of the services offered at MTCC include comprehensive programs for adolescent mothers and their babies, a nationally-accredited childcare program, family literacy (including adult education), an on-site Health Department, crisis intervention, and social services through an on-site Department of Social Services. Family counseling and therapy services are also offered through MTCC, in partnership with the WestGate Training and Consultation Network (TCN), under the supervision of Cathy Sparks, EdS, who is a licensed Marriage and Family Therapy Supervisor with nearly three decades of clinical experience.

Middle Tyger's success paved the way for the upstate community of Boiling Springs, South Carolina. After the Boiling Springs Middle School building closed its doors in December of 2006, the District Two school system partnered with local agencies and ministries to create the Upstate Family Resource Center (UFRC) in the building that formerly housed the school. UFRC, as a sister agency of MTCC, offers a wide and growing list of family and community services as well, including Adult Education, Parent Education, ESOL, computer training classes, and adolescent parent support. UFRC also provides meeting spaces for community organizations such as the YMCA and the Boy Scouts and Girl Scouts.

As of October 1, 2008, the Upstate Family Resource Center, with the direction of UFRC Executive Director Kelley Ezell and in partnership with WestGate TCN, added

family therapy services. The UFRC family therapy center will be known as the Family Therapy Teaching Clinic (FTTC) and will offer therapy services to community members on a sliding fee scale.

The Family Therapy Teaching Clinic will be supervised by Cathy Sparks and will offer interns and graduate students in Marriage and Family Therapy an opportunity to gain valuable experience while offering a much-needed service to the Boiling Springs community. The Family Therapy Teaching Clinic opened on October 1, 2008. Clinic hours are Tuesday –Thursday from 3 p.m. to 8 p.m. and every other Saturday from 8 a.m. to 2 p.m. by appointment only. For more information about the clinic, call Charlton Hall at 864-578-1379 during clinic hours.

Book Review for Balanced Living: Don't Let Your Strength Become Your Weakness by Robert Marsden Knight

Reviewed by Sallie Campbell, LISW-CP/AP, LMFT/S, DCSW

Ring in the New Year, I chose to read *Balanced Living: Don't let your Strength Become Your Weakness* and was enlightened in how Robert M. Knight intertwined marriage and family therapy, pastoral counseling, and spirituality in his approach to dealing with family life and becoming balanced in living a fully rounded life. He advocated for a balance between mental, emotional, social, moral and spiritual health, and overall social functioning. He believes that when our lives are out of balance our strengths are working against us. He shares his approach of counseling, teaching, supervising, and managing pastoral needs through examples from clinical practice and self disclosure regarding his own journey. *Balanced Living* causes us to change, to adapt, and to grow.

Dr. Knight graduated seminary over 40 years ago and presents an integrated approach to balancing morals, values, and beliefs while becoming fully integrated in relationships with family, work, and community. He started

out in counseling fields and is now a parish minister. He uses his experiences to teach and pass on his wisdom, values and skills for future generations of counselors and marriage and family therapists. Reading his text gives the reader a window of opportunity to learn from the clinician, therapist, teacher, consultant, supervisor, and pastor regarding his knowledge of years of experience in working with families. His personal self disclosure brings the family metaphors and personal situations alive.

The author sets the foundation with a basic review of systems theory. He then blends relationships with spiritual health and stresses the importance of spirituality. He describes the three most important words in the Bible as grace, gratitude and gift. He identifies what happens in counseling from a faith perspective, including intimacy, acceptance, empathy and congruence.

Chapter 4 reviewed the Myers-Briggs Type Indicator (MBTI) measuring personality tendencies along four different continua of temperament traits. An interesting point was that styles can change over time with crisis and experience. Dr. Knight saw the ideal counselor as an INFP and spoke of his insight into how styles affect relationships.

Dr. Knight draws from the theory of Transactional Analysis, a social psychology, because of the value it places on balance as a key to emotional health. He teaches the importance of looking for opposites as opposites tend to reinforce each other and are never as far apart as they may seem. Effective counseling helps people reframe their lives, by embracing both their strengths and their weaknesses, and seeing the connection between the two. He explored balance as a key to good mental health, good moral and spiritual health, emotional well-being and social functioning. Dr. Knight takes more of an inductive approach to teaching students, beginning with concrete human situations (the specifics) and moving more toward general theoretical constructs and approaches to family therapy. He moves from the concreteness of clinical situations to the abstractness of theory. I found this book challenging and enlightening and appreciated the theoretical teachings from the Hebrew-Christian perspective.

Book can be ordered from the publisher, wipsandstock.com ISBN# 13:978-1-55635-838-8, 212 pages \$23.00 paperback.

Pathways To Change: Collaborative Strengths- Based Brief Family Therapy With Difficult Adolescents



SOUTH CAROLINA ASSOCIATION FOR MARRIAGE AND FAMILY THERAPY CONFERENCE • WWW.SCAMFT.ORG

Photo courtesy of the Charleston Area Convention & Visitors Bureau.

JUNE 5-7, 2009
CHARLESTON, SOUTH CAROLINA
(Scheduled during the Spoleto Festival)

- Ten (10) Social Worker Delivered Continuing Education Hours
- Five (5) Supervision Hours
- Featuring Matthew D. Selekman, MSW, LCSW



Pathways to Change: Collaborative Strengths-Based Brief Family Therapy With Difficult Adolescents. Friday, 2-5 pm and Saturday, 8:45 am to 5:15 pm Featuring Matthew Selekman, MSW, LCSW

Program Description:

Adolescents presenting with chronic and severe difficulties with explosive and violent, delinquent, oppositional, heavy substance abuse, self-harming, and school disruptive behaviors can be a nightmare to manage for school professionals and even the most seasoned of therapists. Often, these adolescents' families are characterized by destructive family interactions, inconsistent parental involvement and limit-setting, unresolved loss issues, and extensive treatment histories. The adolescents' difficulties may be further exacerbated by the involved helping professionals' from larger systems unproductive attempted solutions. This can lead to the development of family-helping system knots, which contributes to treatment impasse.

In this "hands-on" practice-oriented workshop, participants will learn a collaborative competency-based family therapy approach that capitalizes on the strengths and resources of the adolescent, family members, key members of the adolescent's and family's social network, and involved helping professionals from larger systems to rapidly co-construct solutions. A special emphasis in this workshop will be placed on the therapist's creative use of self and inventiveness.

Objectives:

1. Co-create a therapeutic climate ripe for change in the very first family therapy session
2. Use therapeutic questions that tap client expertise, elicit untold family stories, and to establish well-formulated treatment goals
3. Select and tailor-fit therapeutic experiments with clients' treatment goals
4. Engage challenging and resistant adolescents
5. Co-construct change with key resource people from adolescents' social networks and with involved larger systems professionals

*AAMFTJ Supervision Refresher Course
Sunday, 9:00am - 3:00pm
Featuring Joshua M. Gold, PhD, NCC*

Goals:

This presentation will introduce participants to the consideration of religion and spirituality as relevant cultural variables in the process of family therapy and supervision. It will address the relevance of this topic within the context of 21st century definitions of multiculturalism, explore the confusions regarding the differing terms and offer differing rationales and examples of the implicit role religion and spirituality play in therapist awareness plus attention to the efficacy of differing spiritual and religious interventions for possible use in counseling service. The presentation will also speak to the process of practicing "spiritually-sensitive" supervision.

Objectives:

1. Identify the current relevance of these topics from the perspective of multicultural influences on family therapy plus client expectations;
2. Classify differences and similarities in term definitions;
3. Explore different themes of therapist self-awareness around these topics; and
4. Evaluate different interventions to address religion and spirituality within both clinical service and supervision.
5. Understand the practice of “spiritually-sensitive” supervision.
6. Contemplate ethical and legal issues that arise in clinical supervision and supervision mentoring.
7. Explore the use of supervision contracts (development & content) around issues of client & supervisee religion & spirituality.
8. Become aware of current standards for becoming an Approved Supervisor, with emphasis on the role of the Approved Supervisor mentor.

Content:

Based on the presenter’s recent book (*Counseling & Spirituality: Integrating spiritual and clinical orientations*, 2009, by Merrill Prentice-Hall), this presentation will speak to the emerging interest in religion and spirituality within clinical service and supervision. Specifically, the presentation will identify the current relevance of these topics from the perspective of multicultural influences on marriage and family therapy plus client expectations, identify differences and similarities in term definitions, explore different themes of therapist self-awareness around these topics and evaluate different interventions to address religion and spirituality within both counseling and supervision.

About the Presenters:

Matthew D. Selekmán, MSW, LCSW, is a couple and family therapist and addictions counselor in private practice and the co-director of Partners for Collaborative Solutions (www.partners4change.net), an international family therapy training and consulting firm in Evanston, Illinois. He is an Approved Supervisor with the American Association for Marriage and Family Therapy. Matthew received the Walter S. Rosenberry Award in 2006, 2000, and in 1999 from the Children’s Hospital in Denver, Colorado for having made significant contributions to the fields of psychiatry and the behavioral sciences. Matthew is the author of numerous family therapy articles and five professional books: *The Adolescent and Young Adult Self-Harming Treatment Manual: A Collaborative Strengths-Based Brief Therapy Approach*, *Working with Self-Harming Adolescents: A Collaborative Strengths-Based Therapy Approach*; *Pathways to Change: Brief Therapy with Difficult Adolescents (Second Edition)*, *Solution-Focused Therapy with Children: Harnessing Family Strengths for Systemic Change*, and *Family Therapy Approaches with Adolescent Substance Abusers*. He has presented workshops on his collaborative strengths-based brief family therapy approach with challenging children, adolescents, and adults extensively throughout the United States, Canada, Mexico, South America, Europe Australia, Singapore, Hong Kong, and Indonesia.

Joshua Gold, PhD, NCC, holds Clinical Membership and Approved Supervisory status in AAMFT. He has created a graduate course on the topic of spirituality and counseling and completed a recent text on this topic.

Registration:

The Conference Registration Desk opens at 12 noon on June 5th. All SCAMFT/AAMFT members receive a discount. Full-time students also receive a discount. Lunch on Friday is on your own. Saturday’s Networking and Business Luncheon begins at noon and ends at 1:30 pm. SCAMFT’s Spring Business Meeting is scheduled during the lunch. Student members also receive a discount. A limited number of scholarships are available for fulltime students enrolled in marriage and family therapy programs. Those interested in applying for scholarships must complete the registration form and submit it to the office with proof of full-time enrollment in marriage and family therapy programs.

Cancellations:

The registration fee, less a \$25 administrative fee, is allowed when notification of cancellation occurs two weeks prior to the workshop date. No refunds will be issued when notification of cancellation occurs after the two-week deadline; however, a substitute may be sent or registration transferred to another SCAMFT seminar held within 12 months. No show—no refund.

Continuing Education:

More than 15 contact hours are available at this conference. SCAMFT-sponsored conferences are approved for LMFT, LPC, social work, and addiction certification hours. For more information, call the SCAMFT office at (803) 540-7520, fax: (803) 254-3773 or e-mail: marie.queen@scamft.org. Conference topics were carefully selected to adhere to ethical codes of SCAMFT, AAMFT and state licensure boards.

Exhibitors/Sponsors:

SCAMFT welcomes exhibitors and sponsors. Exhibitors receive skirted, display table in the conference registration area, recognition at the conference, list of attendees, one complimentary registration to Friday’s and Saturday’s workshops. Exhibitor fee is \$300 for one or two days. Sponsors receive the same benefits plus one additional conference registration, recognition on the website, and in the conference program. and various additional recognition benefits.

Sponsor fees are \$500. Exhibitor set-up begins at 12 noon on Friday. Exhibitor take down is no later than 5 pm on Saturday. Contact the SCAMFT Office for more information, or visit www.scamft.org.

Location and Accommodations:

This conference is scheduled in Charleston, South Carolina at the Charleston Marriott Hotel, 170 Lockwood Boulevard. This resort is holding a block of sleeping rooms for SCAMFT at a discounted rate of \$139.00 per night. Reservations will be accepted at the group rate until May 6, 2009. Please contact Group Reservations at 843-723-3000 and state you are with South Carolina Association for Marriage and Family Therapy. Reserve your room early. Hotel rates increase during Spoleto.

Spoleto Festival in Charleston:

Spoleto is a Spring Festival of music, art, theatre, and dance that takes place in Charleston every year from May 22 – June 7. Spoleto was founded in 1977 by Gian Carlo Menotti, Christopher Keene and many more. The Festival originated in Spoleto, Italy and was founded by Menotti in 1958. When the International Festival wanted to expand to the United States, The Spoleto Festival in Charleston was born. Spoleto Festival USA has maintained the traditions of its international counterpart, such as a dedication to young artists, a fascination with contemporary effort, an enthusiasm for providing unusual performance

opportunities to recognized masters in their fields, and a commitment to all forms of the performing arts. Each year, audience members experience a broad range of artistic styles and forms, including classical ballet; modern and post-modern dance; opera; chamber, symphonic, and choral music; jazz; theater; and visual arts. Spoleto has earned a reputation for offering programs of the highest artistic caliber, supporting new and innovative works, nurturing outstanding young artists, and expanding public appreciation of the arts. For a schedule of events and ticket information, visit <http://www.charlestonlowcountry.com/specialpages/spoleto.html>

Registration Fees:

Postmarked by May 5, 2009

(Prices shown for AAMFT members/nonmembers/students; all fees are per person)

- Friday only (\$75/\$100/\$75)
- Saturday only (\$175/\$200/\$100)
- Saturday Lunch (\$0/\$20/\$25)
- Friday and Saturday (\$200/\$250/\$125)
- Sunday Supervision Workshop (\$75/\$85/\$75)
- Exhibitor Fee (\$300)
- Sponsor Fee (\$500)

Postmarked after May 5, 2009

(Prices shown for AAMFT members/nonmembers/students; all fees are per person)

- Friday only (\$85/\$115/\$85)
- Saturday only (\$195/\$215/\$115)
- Saturday Lunch (\$0/\$20/\$25)
- Friday and Saturday (\$225/\$265/\$150)
- Sunday Supervision Workshop (\$95/\$125/\$95)
- Exhibitor Fee (\$300)
- Sponsor Fee (\$500)

Conference Schedule:

Friday, June 5

12 noon	Registration/Exhibitor Set up
2:00pm-5:00pm	Matthew Selekman: <i>Pathways To Change: Collaborative Strengths-Based Brief Family Therapy With Difficult Adolescents</i> Key aggravating factors that fuel severe behavioral difficulties with adolescents today Self-harming adolescents as expert consultants research project Collaborative strengths-based brief family therapy: An Overview of Therapeutic improvisation: Staying alive and creating possibilities outside the comfort zone with challenging adolescents and their families

Saturday, June 6

8:00 am	Registration/Coffee
8:30 am	Welcome and Introductions
8:45am	Matthew Selekman discusses: <i>Interviewing for change: Eliciting client expertise, untold family stories, well-formulated treatment goals, and co-creating compelling future realities</i> <i>Talking the talk to walk the walk:</i> Effective engagement strategies with resistant and tough adolescents
10:30 am	Refreshment Break
10:45am – Noon	Matthew Selekman continues <i>Quieting the mind and cooling the flames: Effective distress management tools and strategies</i> Strategies and tools for fostering cooperative relationships with angry and hostile, laissez-faire, highly pessimistic and demoralized and mental health and substance-abuse impaired parents
Noon -1:30 pm	Lunch
1:30pm-2:45 pm	Matthew Selekman continues <i>Finding fit: Tailor-making, selecting, and matching therapeutic experiments with clients' stages of readiness for change, theories of change, learning styles, and treatment goals</i>
2:45pm-3:00 pm	Refreshment Break
3:00pm-5:15 pm	Matthew Selekman continues <i>Co-constructing change: untangling family-multiple helper system knots and facilitating transformative dialogues with school professionals, probation officers, and other concerned helpers from larger systems</i> Trouble-shooting guidelines for getting unstuck with your most difficult adolescent cases Celebrating change: Honoring adolescents and their families pioneering new directions with their lives

Sunday, June 7th

8:30 am	Registration/Coffee
9:00- Noon	Joshua Gold: <i>AAMFT Supervision Refresher Course</i>
Noon- 1:00 pm	Lunch
1:00pm-3:00 pm	Joshua Gold continues

SCAMFT 2009 Board of Directors

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Barbara J. McIntyre, MA LPC, LMFT, NCC
Email: bjmci45@aol.com

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Email: janice.mcmeekin@palmettohealth.org

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Email: elliott2001@earthlink.net

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Email: mtzjimr@aol.com

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D. Wayne Hyatt, DMin, LMFT
Email: waynefh@bellsouth.net

Aging Committee Chair

Wendy Davis, MS
Email: wdavis@posttrauma.com

Child and Family Advocacy

Lorilei K. Swanson, EdS LPC, LMFT
Email: elliott2001@earthlink.net

Continuing Education

E. Joe Holt, PhD LSPC, LSMFT
Email: thefamilycenter@mindspring.com

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Gerald D. Welch, DMin, LMFT
Email: jerrydwelch@aol.com

Gender

Elizabeth A. Pratt, EdS, LMFT
Email: harrypotter032464@hotmail.com

History/Awards

John D. Evans, DMin, LMFT
Email: vistagr@aol.com

Legislative Chair

Todd D. Hanson, MA, LMFT
Email: tdhanson@posttrauma.com

Liaison/Friend

Marjorie J. Avent
Email: marjavent@yahoo.com

Marketing

Marie W. Carter, MA, LMFT, LMFTS
Email: mariecarter@comcast.net

Member At Large

Acton B. Beard, EdS
Email: actonbeard@earthlink.net

Member At Large

Lynn Q. ("Ti") Smith, EdS, LPC, LMFT, LPC-S, LMFT-S.
Email: lqsmith@yahoo.com

Membership Committee

Kellie F. Buckner, EdS
Email: pigletsc@hotmail.com

Multicultural

Alice S. Raiford, MA, LMFT
Email: normraiford@charter.net

Regional Rep./Lowcountry (2011)

Richeleen Schoonmaker, MS, MFT
Email: garcapediem@aol.com

Regional Representative Midlands (2009)

Russell A. Haber PhD LSMFT, LSPC
Email: rhaber@gwm.sc.edu

Regional Rep./Upstate (2010)

Pamela G. Clark PhD
Email: Pam.Clark@Converse.edu

Student Rep./Midlands

Katherine A. Ainslie
Email: kate71483@hotmail.com

Student Rep./Upstate

Landa M. Basham
Email: landa.basham@aol.com

Supervision

Vincent P. Ward, PhD, LSPC, LMFT, LSMFT
Email: drv-sc@earthlink.net



SCAMFT
1215 Anthony Avenue
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